

Australia News

April 2014 - Vol. 26 Issue 3

PRESIDENT'S REPORT

It is now April, a quarter of the year has flown by. Time seems to fly.

We had our Chinese New Year celebrations on 16th February. It was a great Chinese banquet lunch at the Ryde Eastwood Leagues Club. Hope the other States enjoyed theirs as well and for those that did not, please note that your subsidy will be added to the next function.

Attached with the Newsletter is a revised Schedule of events for the Cultural Centre and all the major functions for the year. The next lunch will be Sunday 13th April 2014, and this time our Gastronomy representative, **Antonieta Conceição Manolakis** will be making Pastéis de bacalhau, Feijoada and pineapple cake and genetes. On 18th May, **Brenda Chavez** and **Maureen Wan** will be cooking and then there will be the Dia de S. João festivity at the Ryde Eastwood Leagues club again.

Bursaries are again being offered to all our voting members who are furthering their Education. All qualified members have till the end of June to apply. For those interested please email our Secretary Mary Rigby on rigbyfamily@ozemail.com.au or write directly to the club at PO Box A908 Sydney South NSW 1235. Please note, that the Committee will be reviewing the Bursaries conditions mainly for the recipients to participate and help the club in some way or another.

It was unfortunate and totally disappointing again that the last youth get-together had to be cancelled as there were only 2 responses from all the local youth members. We would like to thank **Stephanie Deacon** to continuously try and involve the youth of our community to meet up, but so far with no success.

Perhaps there will be more support from the younger kids and their parents at the next function which we are especially planning for later on this year in October aimed just for kids up to 12. Of course we will make exceptions for older ones. It will be held at the cultural centre. Further notifications will be sent out closer to the date.

A Big, big 'Thank you' to all the Committee members and their spouses as well as a few members that volunteered their precious Sunday to come and help us at the working-bee held on 16th March. There was a lot of dusting, cleaning, painting and repairing done. Another one will be scheduled in Spring for further maintenance.

Recently **Belinda Cunha**, who works for Medibank Private and also one of our Committee members, suggested that we sign up with Medibank Private Health Insurance as a corporate body in view of getting 5% discount for our members. After much consideration and debate, as well as the news of the coming rise of 6 ½% of premium for private Health insurance, we have decided to sign up so that all members who are currently with Medibank Private can receive 5 % discount. All you have to do is go to any office of Medibank Private and tell them you are a member of Casa de Macau Inc. and you will be entitled to the discount. For further information contact:

- Miranda Retail Store on 02 9525 3847
- Email: Garry.Guff@medibank.com.au (subject: *Casa de Macau*)

Any member of the Casa will be entitled to this discount. However, it is important to note that:

- **The Casa Committee Members are not endorsing this health insurance company.**
- **The Casa de Macau and the Committee Members should not be held responsible for any cost or benefit a member may accrue because of this agreement with Medibank Private.**
- **No Committee member will receive any benefit from this undertaking.**

I was extremely remiss for forgetting to thank **the Macau Government and APIM** for giving us the funds for the last Encontro. We had received MOP\$192,000 which worked out to be AUD\$24,000. This was shared amongst 95 voting members and their spouses. Each member received \$466.00 which was made up of \$266.00 from the Macau subsidy and \$200.00 from our own club here in Australia.

All the Committee members, including myself, who went to Macau, did not receive any additional benefits from Macau or the Club. We all received the same amount as everyone that attended.

On this note, I would like to thank every Committee member, especially **Mary Rigby**, who spent so much extra time and money to stay extra few days in Macau to help sort out the members' tags as well as all the support for our members while we were in Macau.

PRESIDENT'S REPORT Continued ..

Mary also unfortunately had a minor accident where she fell and broke her front teeth while crossing the road, and the dentists were unable to fix them there as her gums were too tender and swollen for any work to be done. She had to have it fixed back here in Sydney. Again, Mary, we truly appreciate your hard work, you are the backbone of our club.

On the subject of volunteering, recently the Committee made a unanimous decision to waive annual fees and functions fees for volunteers that have continuously been giving their time to help the club here in Australia. Those that qualified were the Committee members, Interstate representatives, the Editors as well as our Web Master. These members are continuously taking their time out of their private lives to help and support Casa de Macau, this is the least method the Club can show the appreciation.

The next big function will be in June for *Dia de S João* and hopefully all State representatives will be able to organise a function for the members.

As usual if you have any question you can contact me via email lizettecdma@gmail.com or ring me on my mobile 0400 664 778 or any of the Committee members.

Till next time,

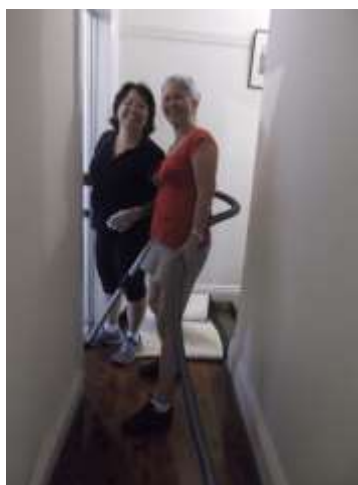
Lizette



So we scraped off the mould in places where it had accumulated, gave a coat of paint where it was needed. We cleaned all the cupboards inside and out, washed all the windows, dusted, vacuumed, cleaned the fridge, fixed the loose tiles mended cracks and many other odd jobs.



CASA DE MACAU WORKING BEE 2014



After our March monthly committee meeting on the 16th, we held a working bee to clean up our Casa; like any home it needs a bit of TLC from time to time.

We started at 10:00 and finally downed tools at 16:30, however as the old saying goes many hands make light work and we would like to thank the following members for their assistance on the day:

Lizette Akouri	Tony Akouri
Marilia Alves	Daniel Amarante
Leonardo Amarante	Olivia Basto
Tony Basto	Beatriz Cartlidge
Ross Cartlidge	Nina Deacon
Margaret Gray	Maria Luis
Antonieta Conceição	Mario Manolakis
Manolakis	
Margaret McNulty	Connie Reis
Ronnie Reis	Belinda Rosario
Linda Viana	

We did break for a well-deserved lunch at 13:00, which consisted of Portuguese Chicken, Pasteis de Rissóis, Pasteis de Galinha and Pasteis de Bacalhau.

Thanks to **Maria Luis** and **Lizette Akouri** for the beautiful cakes which went down well with tea and coffee. Many thanks to all our volunteers, for your contribution to our Casa.

Nina Deacon

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MONTE FORT

You step onto the escalator taking you up into the Macau Museum and you glide past an ancient wall that looks as though it has always been there. Once inside, you see a fine display on the history of the various cultures that have shaped modern Macau. If you ever go to Macau, this major museum is a must. Escalators take you up several levels, and eventually you step out onto the flat top of the ancient fort. Around you are battlements and embrasures, some with cannon aimed out over the city below. These are not the originals, dating from about 1860, about 250 years after the fort was completed.



The original name of the fort was *Fortaleza de Nossa Senhora do Monte de São Paulo*, in English: *Fortress of Our Lady of the Mount of St. Paul*. The name suggests a religious origin. So indeed it was. Macau was the furthest outpost of a far-flung Portuguese empire that stretched along the African coast, with substantial strongpoints at Ormuz in the Persian

Gulf at Daman in India.

Further east was an immensely strong fort at Malacca. All these were built as soon as the Portuguese arrived. Macau, further east again, was unfortified for more than fifty years after its settlement by Portuguese traders in 1557. This is because it was a trading post pure and simple, not a springboard for the invasion of South China. The Chinese Empire was far too strong for anything like that to be attempted, even if the Portuguese had the strength to attempt it. They did not, because Portugal had already overreached its resources, and its great empire, with at least forty forts, had begun to wane by the late 16th century.

The main enemies were the Dutch, who gradually wrested control of much of the trade of the Far East from the Portuguese, culminating in their capture of Malacca in 1641 after a three-year blockade and siege. It was the third attempt. Clearly, their eyes were set on defenseless Macau. In Macau, the Jesuits had established St Paul's College in 1565. Like the apostle Paul, they saw themselves on the cusp of an epic missionary journey. Macau was to be the springboard of evangelism in this vast heathen empire. If the Dutch, firmly Protestant, and bitterly anti-Catholic, seized Macau for its trade, all would be lost. Macau had therefore to be defended. Small forts along the Praya Grande would not repel a determined attack, so the Jesuits determined to build a much larger fort on top of the hill overlooking the small town below.

The Chinese authorities were dubious about this, lest these 'Western barbarians' try to assert a greater degree of control than the Chinese were prepared to permit.

There was indeed a Dutch attack in 1622, but it was repelled, although the fort was not finished. Thereafter, the Chinese allowed the completion of the fort, seeing that it was intended to defend Macau against another group of barbarians, who might be much more difficult to deal with.

Therefore Monte Fort was finished in 1626, with four great bastions built high above the glacis below. This was a steep slope, left bare of vegetation and construction, up which attackers would have to fight against heavy fire from above. In 17th century terms, this fort was almost impregnable. However, its strength was never tested, for the fort saw no military action at all, as the Dutch left Macau alone from then on. In 1638, the first Governor of Macau, Francisco de Mascarenhas, expelled the Jesuits and the fort became the headquarters of the Governor of Macau until 1749.

Eventually, in 1964, a meteorological station was installed there.



Guia Fort, its height greatly exaggerated, is to the left, Monte Fort to the right in this engraving by Thomas Allom, published in 1840. In the foreground is a Chinese funeral

The escalator leading to the museum was installed in the 1990s. For the previous 370 years there was only one way to reach Monte Fort. This was up the steep *Calcada do Monte* from the street below. This led to a small, well-protected entrance, inside which another steep path led to a small chapel; protection of this fort was spiritual as well as temporal.

On the wall beside the gateway is a bronze plaque that appears to date from the early twentieth century. Translated from the Portuguese, it reads:

**HALT! ATTENTION!
RECALL FOR A FEW MOMENTS
THE BEAUTIFUL HISTORY OF OUR
COUNTRY. ENTER WITH PRIDE AND
WITH HEAD ERECT IF YOU ARE
A SOLDIER OF THIS COUNTRY.**

MONTE FORT Continued

Taking a few steps inside the fort leaves you in no doubt about its antiquity. At the first turn of the ramp is a splendid granite memorial dated 1626. It is comprised of four stones. One carries the royal arms of Portugal, another a bust of St Paul, his head adorned with a halo. In a strange combination of symbols, a drawn sword rests on his right shoulder.



The impression given by these two tablets, one bronze, the other granite, is one of sustained might and invincibility.



Monte Fort, by Vicente Pacia, 1938. J.M. Braga Collection, National Library of Australia

The reality was different. The Dutch threat soon died away, and a brief threat from the English at the beginning of the 19th century came to nothing. The Chinese never attacked Macau, preferring to control its people and economy through a well-organised combination of taxation and extortion. It would take a large garrison of well-trained troops to man this fort to its full potential, to say nothing of the other smaller forts dotted around the edges of Macau. The Portuguese Government, always short of money, expected the local council, the Leal Senado, to foot the bills. Cash-strapped too, the council had little money to spend on the fort and its garrison. They also had to pay the stipend of the Bishop of Macau, and were often long in arrears.

For centuries, the garrison was drawn largely from Portugal's African territories, though the officers were from metropolitan Portugal. Charles Boxer, the famous historian of the Portuguese empire, observed: 'Portuguese garrisons were commonly ill-provided with sufficient weapons and when they had them they were often neglected, rusty and other-wise unserviceable' (*The Portuguese Seaborne Empire*, p. 120).

An English visitor in the later 18th century, William Hickey, saw 'a few scrawny, half-naked, and apparently half-starved creatures in old tattered coats that had once been blue, carrying muskets upon their shoulders, which, like their other accoutrements, were of a piece with their dress. These wretches were honoured with the title of soldiers' (*Memoirs of William Hickey*, vol. 1, cited by C.R. Boxer, *Fidalgos in the Far East*, p. 259). Things did not improve. John Davis, who was in Macau in the 1820 and 1830s, contemptuously referred to the Portuguese garrison as 'two or three hundred starved blacks', who could be seen begging for food at the doors of convents (J.F. Davis, *The Chinese*, p. 89). Others sneered at their fondness for sticking feathers in their hats, apparently to compensate for their shabby uniforms (*Chinese Repository*, vol. 3, no. 10, April 1836, p. 580).

Eventually, this inadequate garrison was withdrawn. By the late 19th century there was a new era with better conditions for soldiers in the San Francisco Barracks. The police were housed in the beautiful buildings of the Moorish Barracks, still in use to house the Macau Maritime Administration. These barracks, built in the 1870s on Barra Hill, were designed in a neoclassical style inspired by Moorish architecture, to accommodate 200 Muslim Indian policemen from Goa. The ancient fort became a weather station, and finally a magnificent museum celebrating the amazing history of Macau since the Jesuits took this energetic and practical step nearly 500 years ago to protect their missionary activities in the City of the Name of God.

Dr Stuart Braga

YOUTH CORNER

BURSARY NEWS

Congratulations to the **BURSARY RECIPIENTS FOR 2013:**

EMILY ANTONIO – Studying Bachelor of Science in Psychology at the University of Canberra. Emily is the daughter of **Dr Francisco Ernesto Antonio and Alison Antonio**.

KRISTINA WAN – Studying Bachelor of Arts in Communication at University of Technology Sydney. Kristy is the daughter of **Danny Wan and Maureen Wan (nee Cruz)**.

If you have received a bursary in the past and would like to let members know how the bursary helps you achieve what you are doing now. Why not write something for the newsletter and let members know.

Applications for bursaries for 2014 are now open.

- Application are open to all voting members (members of Macanese descent) who have been a member for 2 years and who are undertaking study during 2014
- Bursaries are for 2 years only
- **Applications close on 1st June 2014**

**FOR THE INFORMATION PACK/APPLICATION FORM
CONTACT MARY RIGBY: rigbyfamily@ozemail.com.au**

A BIT OF NOSTALGIA – THE GREY COATS

In his own words, **Leonardo Amarante** recalls THE GREY COATS.



Many of us who are Macaense in Macau, played music with some kind of instrument from an early age, many also sang. In Macau we have been playing music and singing for generations, I was no exception, at primary school I learned to play the violin with Professora Margarida Gomes. As years passed by I taught myself to play the guitar by reading books and a lot of assistance from Roque Cruz.



In the beginning my friends and I would form groups and we would practice our music and sing, and, in the early 60's I formed a group that was to be known by the name "**The Grey Coats**". We had a fantastic time together as we understood each other well, so well, that unlike many other groups formed we survived the longest without a change in our line up.



Source: <http://www.travelblog.org/Photos/1535355>"

At one time we played for 8 months at the "Macau Palace Floating Casino" nightclub; we worked most weekend nights as well as the afternoon tea dance. We also played at Club de Macau and Club Militar.

We played at private parties of Macaenses, all the Carnivals and at Escola Comercial Pedro Nolasco. The Grey Coats

performed at Escola Comercial to help raise funds for the school over a number of years.



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The Grey Coats was a group of friends that included: **Leonardo Amarante** (Nado), **Antonio Lopes** (Toninho), **Jackie Mahomed** and **Diamantino Pereira** (Tino).



During our time together we had many achievements, the one that sticks out in my memory, was when we won both the First and Second Macau Musical Festival competitions.

We had two consecutive wins, and it was a great feeling and time to be part of a musical group in Macau and we had started to grow a loyal fan base.



A BIT OF NOSTALGIA Continued

Unfortunately, myself and Toninho were called to join the Portuguese Army, this effectively put an end to The Grey Coats. Although the military training and courses we completed enabled us both to become Sergeants in the army, The Grey Coats was disbanded.

We have hundreds of photos of The Grey Coats, too many to show here, but for us we also have many fantastic memories that live on in our hearts and minds. I do hope that like us, those of you who came to our performances have fond memories of the Grey Coats.

Leonardo Amarante

CASA NEWS ACROSS AUSTRALIA

Chinese New Year Celebrations



From **Orlando Badaraco** a picture of the members that attended the banquet held at Winns Cafe Restaurant to celebrate Christmas as well as Chinese New Year.

Orlando added that everyone had a great time and the food was great.



DEADLINE FOR THE NEXT ISSUE

All articles and pictures must be received by the editor no later than **Friday 4 July**.

Please make sure when sending pictures **the email is NO LARGER than 3 MB** as it shuts the editor's computer down.

All articles submitted **MUST** be the author's own.

NSW Casa de Macau - Chinese New Year



This year on Sunday 16th February, the Casa in Sydney held their Chinese New Year celebration at the Ryde-Eastwood Leagues Club, our sumptuous banquet from the club's own Golden Hawk Chinese Restaurant.



Our tables were superbly decorated with each guest receiving "lai see" or (red packet). We had a wonderful turn out for our 12 course banquet with 68 members and friends in attendance.



Our menu:

Chinese Cold Meat Platter; Steamed Scallop in XO sauce; Seafood Sharkfin Soup; Mud Crab with Ginger, Shallots and E-fu noodles; King Prawns and

Chicken fillets with Snowpeas; Mixed Vegetables with Mushrooms; Steamed Whole Fish with Ginger, Shallots and Soy; Peking Pork ribs; Seafood Fried Rice Red Bean soup with Tong-yuen; Chinese Petit Fours; Fresh Fruit.

Thank you to **Michelle Rigby**, who unfortunately not able to attend prepared games, colouring sheets and lolly bags for our junior members. Our youth leader **Stef Deacon** entertained our junior guests and upon departure each one was given a small gift to take home.

Our day was also special for one of our members, a very happy birthday to **Lucy Whittle**. Lucy, was surprised on the day with a beautiful "Bombe Alaska" and a rousing rendition of Happy Birthday.

It was wonderful to see all our guests mingling, chatting and catching up with friends both old and new, many further opportunities to catch-up being planned on the day. All members and guests present had a very enjoyable afternoon, wishing each other "Gung Hei Fat Choy" as we all welcome in the year of the "Wooden Horse".

Special thanks to the Committee for their hard work in bringing this event to fruition and to our Chef Sydney Ho, many thanks for a fantastic banquet.

Nina Deacon

CELEBRATIONS

A Filho de Macau in the Noonday Sun

Popping the cork on a bottle of bubbly seems to be the ritual of choice for many folks launching into retirement from paid work. My brother, **Fernando Xavier**, however, enjoyed a bigger bang than most when he was invited to fire the Noonday Gun on 4 January 2014 by the Taipan who currently oversees the corporate conglomerate known as Jardines.



To Casa members who grew up in Hong Kong, Jardines, or Jardine Matheson as we knew it, founded as a trading company in 1832, is virtually synonymous with the British colony. Fernando, the third child of our late parents, **Bello Xavier** and **Noémia Batalha Xavier**, recently retired from a long and rewarding career culminating in the post of CEO of the Jardine Schindler Group based in Hong Kong.



As you can see from the photos, a novice firing is best carried out in the charming but watchful company of a trustworthy (and trusting!) companion, in this case, Fernando's wife, **Christine**.

For those unfamiliar with the legend of the Jardine-owned Noonday Gun, which is located on the waterfront in Causeway Bay, where Jardines used to have warehouses. I quote the following passage from the Discover Hong Kong tourism website at <http://www.discoverhongkong.com/eng/see-do/culture-heritage/historical-sites/colonial/noon-day-gun.jsp#ixzz2rDsvGce2> accessed on 23/01/2014:

"... the Noonday Gun, made famous in the Noel Coward song, Mad Dogs and Englishmen, is fired off by a Jardine employee at noon every day. ... The one-gun salute tradition is said to have started when a Royal Naval officer who was new to Hong Kong became annoyed at the tendency of Jardine employees to fire off a gunshot when the head of the company sailed into port – gun salutes being reserved for military commanders only.



As punishment, Jardine were required to fire a one-shot salute every day at noon, for perpetuity. The company has kept to the deal and the Noonday Gun has become a local tradition and attraction for visitors. Noel Coward even dropped by to fire it off once."



Parabens, Fernando, on your retirement, and thanks for reminding us of the cosmopolitan identity of Filhos de Macau, at home even among the ranks of mad dogs, Englishmen, and defiant gunners.

Silvia Xavier
Canberra/ ACT CASA



BABY NEWS

Congratulations to **Jamie and Melanie Gavan** on the birth of their daughter, **Alexis Theresa GAVAN**, born 5 November 2013, first daughter of Jamie and Melanie.

Photo was taken within an hour of Alexis' birth at St. George Hospital, in Kogarah, NSW.



FROM THE CONSUL:

PRÓXIMA PERMANÊNCIA CONSULAR EM BRISBANE

22 e 23 de Maio

Horário: 10h00 a 13h00 e 14h00 a 18h00

A Permanência Consular é uma espécie de Consulado móvel, poderá efetuar todos os serviços consulares, nomeadamente, Cartão do Cidadão, Passaporte, Registos de nascimento, casamento, óbito, etc.

Este projeto visa servir locais em que há uma grande concentração de portugueses que vivem e trabalham longe da cidade de Sidney, onde fica a Chancelaria do Consulado Geral em Sidney, diminuindo a necessidade de deslocação e aproximando o Consulado Geral dos utentes.

O atendimento será efetuado no Consulado Honorário em Brisbane: Bonacci 10 Finchley St., Milton QLD 4064

Agende seu dia e hora através do e-mail:

consulportugalbrisbane@bigpond.com ou ou telefone para (61 7) 3324835.

PRÓXIMAS PERMANÊNCIAS CONSULARES EM WARRAWONG/ILLAWARA

21 de julho de 2014

20 de outubro de 2014

Horário: 9h00 a 13h00 e 14h00 a 17h00

Agende seu horário através do e-mail: mail@cgsyd.dgaccp.pt ou telefone para 92622199

A Permanência Consular é uma espécie de Consulado móvel, poderá efetuar todos os serviços consulares, nomeadamente, Cartão do Cidadão, Passaporte, Recenseamento Eleitoral, Registos de nascimento, casamento, óbito, Procurações, etc.

Este projeto visa servir locais em que há grande concentração de portugueses que vivem e trabalham longe da cidade de Sidney, onde fica a Chancelaria do Consulado Geral em Sidney, diminuindo a necessidade de deslocação.

O atendimento terá lugar na Associação Portuguesa da Costa do Sul: 127-129 Flagstaff Road, Warrawong NSW 2502



IN MEMORIAM

ELMS Ayesha Adaline Marlene (fondly known as **Ada**)
9 September 1914 - 12 January 2014

It was a hard life for Mum growing up without much in the family and a harder life when she was a widow at the age of 26, with four children, Astrid, Olive, Garry and the youngest Dougie was only a month old.

Mum had a kind and loving nature and enjoyed being with family and friends. All through her life she made many friends in different walks of life. She was always ready to help others in need, and would accept others as part of the extended family, never turning anyone away. She was a wonderful mother and a great friend to many.

When Mum joined Casa de Macau she was so happy. It gave her a new lease of life, meeting up with old Hong Kong and Macau friends brought back many happy memories of a life gone by. She looked forward to seeing them and was an ardent supporter of the various events.

If she were here she would thank you all for being a friend and for your many kindnesses to her. God bless you all.

From her children Astrid (in Los Angeles), Olive and Garry (in England) and Dougie (in Sydney), and numerous grand and great grand children



Schedule of events for Casa de Macau for remainder of 2014

Month	Members Functions	Event
May	Sunday 18 May Lunch	<i>Brenda Chavez and Maureen Wan to cook lunch</i>
June	Sunday 22 June Dia De S Joao	<i>Ryde Eastwood Leagues lunch</i>
July	Sunday 20 July Lunch Meeting	<i>Ronald Reis to cook lunch</i>
August	Sunday 17 August Lunch	<i>Lizette to cook lunch</i>
September	Saturday 6th September AGM - Morning tea	AGM
September	Sunday 21st September Lunch	<i>Autumn Festival - TBA (Congee and Tcheung Fun, Tchung, Lo Pak Koh etc.)</i>
October	Sunday 19 October Lunch	<i>Pot Luck - attendees to bring a dish to share</i>
November	Sunday 16 November Lunch	<i>Antonietta Conceição Manolakis - Gastronomia Rep to cook lunch</i>
December	Sunday 7 December Christmas lunch	<i>Ryde Eastwood Leagues</i>

IN MEMORIAM



We are sad to advise that **Teresa Maria Francisca da Roza** (nee Yvanovich) passed away peacefully in Seattle USA, on 19 January aged 91.

Teresa's spouse was the late **Eduardo (Eddie) da Roza**. She was Mother of **Ed** (Bruno), **Filipe**, **Helena**, and **Maria**; and **John Paul** and **Peter** (both deceased).

Mother-in-law of **Barbara da Roza**, **Josie da Roza**, and **Alvaro Xavier**.

Grand-mother of Ted da Roza, Chris da Roza, Stephanie da Roza, Valerie Xavier, Francesca Xavier, and Catherine Xavier. Great Grandmother of Dean da Roza, Zara Cobb, and Harvey Faorlin.

She was a frequent visitor to Australia and never failed to attend our Casa functions when she was here. She will be remembered fondly by her many friends in Australia. Please keep her in your prayers.

MAY SHE REST IN PEACE

CONTACT US

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The Editor reserves the right to screen, accept or reject material for publication and take no responsibility for any errors or omissions as provided by authors and contributors.

While items from the Membership are sought and encouraged, the Editor reserve the right to edit articles as considered necessary.

Publication of contributions is at the discretion of the Editor and the President (or nominee), and opinions expressed may not necessarily be those of the Editor, nor of the Governing Committee of Casa de Macau Inc. Australia.

The Newsletter is not to be used for any member's own discourse. It is not intended to promote any propaganda nor support any political or religious affiliations.

The contents are produced in good faith as a service for the benefit of Casa de Macau Members and as a method of communication within the Macanese community in Australia and abroad. Any item submitted for inclusion MUST be the author's own work. Articles copied from other sources will not be considered for inclusion.

OUR CASA KITCHEN



Paul Smith remembers long summer lunches with his late friend and fishing companion **José Conceição** – Joe would call and say, come over I have some fresh sardines to barbecue!

My feet didn't touch the ground getting there as quickly as I could for a feast of incredible flavours – the smell of sardines on the barbecue still remind me of sunny afternoons spent with Joe and his family!

I hope I have remembered the essentials of Joe's recipe and of course it was best washed down with a bottle or four of Sagres (we lived very close and walked home).

Ingredients

- ☆ 24 fresh sardines , cleaned but with the heads and tails left on
- ☆ 1 cup sea salt
- ☆ 2 tablespoons of extra-virgin olive oil,
- ☆ Freshly ground black pepper and lemon wedges

Directions:

- ☆ Rinse the sardines under cold running water, drain and dry with paper towels. Sprinkle about a third of the salt in the bottom of a baking dish. Arrange half the sardines on top and sprinkle with half the remaining salt. Add another layer of sardines and sprinkle the remaining salt over all. Cover and let cure in the salt, in the refrigerator, for 30 to 60 minutes.
- ☆ Preheat the barbecue.
- ☆ When ready to cook, Joe would rinse the salt off the sardines and blot dry with paper towels.
- ☆ Brush the sardines with the oil and season with pepper, if desired. If you're worried about the fish sticking, use a hinged fish grilling basket otherwise, oil the grate and arrange the fish directly on it.
- ☆ BBQ the sardines until their skins are lightly charred and the flesh is cooked, about 3 to 5 minutes per side.
- ☆ Serve at once with lemon wedges and a cold beer or wine.



Please share your favourite traditional Macanese, Chinese or Portuguese recipes with your fellow Casa members through our Casa kitchen column



FUNDAÇÃO ORIENTE MUSEU

A BRIDGE BETWEEN DISTANT CULTURES

The idea of opening in Lisbon a museum dedicated to the Orient coincides with the establishment of the Fundação Oriente, in 1988. Following a Portuguese tradition, the Foundation allowed itself to be guided by its vocation to build links between civilizations in the West and in the East that have become indispensable to guarantee a peaceful future in the 21st century. Its legacy is the spirit of the bygone Portuguese, the navigators who invented the union of the world. Its purpose was and is to guarantee the actuality of that extraordinary vision that every day continues to be put to the test.

The Museu do Oriente fulfills that intention. Its collections of Portuguese and Asian art are a most important demonstration of the historical encounters between the West and East. With the same purpose, the collections that assemble traditional cultures of Asia are a demonstration of its richness, of its plurality and its genius, that we want better known in Portugal and in Europe.

The opening of the Museu do Oriente, in 2008, marked a new cycle for the Fundação. The principles that determined its creation are maintained, as well as the wish to continue to serve Portugal and its vocation to contribute towards the meeting of West and East and to the relation between civilizations in which knowledge, art and also economic ties substitute ignorance, fanaticism and war.

The international resurgence of China and India and the crucial importance of the relations of Portugal and Europe with the new Asia are today a manifest reality. And if diplomacy and economic relations are essential, they will however have to settle, just as in the past, on the arts, sciences and culture that can represent lasting forms of convergence between the Great civilizations.

Source: <http://www.museudooriente.pt/261/the-oriente-museum.htm>

MACAO

The Fundação Oriente's delegation in the Macao Special Administrative Region, open ever since the establishment of the Fundação Oriente in Lisbon, carries out a richly varied programme of cultural, social and educational activities. These are either organised by the Fundação itself or supported through subsidies to public and private bodies.

The Fundação plays in Macao a decisive role in two projects in the field of education and training. These projects, the Portuguese Oriental Institute (IPOR) and the Macao Portuguese School, aim to maintain the close links between Macao and Portugal.



The first has taught Portuguese as a foreign language since 1981 on both a six-year course and through courses for specific professional areas.

The Portuguese Oriental Institute also supports the Portuguese readerships in the People's Republic of China. In addition, it runs a programme of cultural activities that supports the spread of the Portuguese language. IPOR also opened and runs the Portuguese Bookshop in Macao. The Macao Portuguese School, established in 1998, guarantees primary, basic and secondary education in Portuguese, providing Macao with a vital infrastructure for the Portuguese and Macanese communities.



The Portuguese School is run by the Portuguese School Foundation, which is financed by the Ministry of Education, the Fundação Oriente and the Association for the Promotion of Education in Macao, which has existed for over 70 years. The delegation is located in a listed building - the Casa Garden - purchased from the Portuguese Government at the end of the 1980s.



The Casa Garden is one of the most outstanding examples of Macao's architectural heritage based on European models.



The building dates back to the second half of the 18th century and originally belonged to a family of Portuguese aristocrats. It was later rented to the British East India Company and was successively the place

chosen to house visiting embassies from the Imperial Court and the head office of several governmental departments in Macao.

Source: <http://www.foriente.pt/120/macao.htm>